



GRAPEVINE

JULY 2013
AS48

VOLUME 16
ISSUE 3

hot off the presses:

from the ROYAL
CORONATION OF
KING IALL
and his BEAUTEOUS
QUEEN LIAÐAN



LONG LIVE OUR KING
LONG LIVE OUR QUEEN
and LONG may they
REIGN OVER US
huzzah!
huzzah!
huzzah!

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All sections are hyperlinked so you can jump to the article easily.



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This will not work in PDF newsletter.

TRIVIA

We've had an ongoing series with medieval trivia in it. Then I found a lovely article that debunks every one of them. So I shall be publishing the trivia each month – but I will also include the facts.

Part 3 of 'The Bad Old Days'

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the dogs, cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof-hence the saying "It's raining cats and dogs."

[See page 4 for The Facts](#)





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BEHIND THE SCENES

BORDESCROS central monthly tourney & feast

LOCATION: Albury Wodonga Sport Fishing Club,
Hinckler Drive (via Lockheed Dr, off
Borella Road), ALBURY 2640

WHEN: 3rd Saturday each month: start at 1:30 pm

COST: Members \$8
Non-Members \$13

SCA YEARLY MEMBERSHIP
\$30.00 per annum

First event \$5; we have loaner garb you can borrow,
phone club president Arnora on 0428 249 870

WHAT TO WEAR: An attempt at Medieval Garb (pre-
1600). For clothing ideas:

<http://lochac.sca.org/riverhaven/BeginnersGarb.html>

WHAT TO BRING: For the pot-luck feast bring a dish
of some Medieval-style food to share – enough for 6 –
10 people, for e.g. A cooked chook, a cheese plate
For recipe ideas:

<http://www.loggiaserena.com/SCACookingPages/SCAFood.htm>

INFORMATION FOR NEWCOMERS:

<http://www.sca.org/officers/chatelain/chatresources.html#handouts>

Stefan's Florilegium: A site with information about all
sorts of medieval subjects <http://www.florilegium.org>

The SCA Lochac site: <http://lochac.sca.org/lochac/> or the
site map: <http://lochac.sca.org/lochac/sitemap.html>

Meeting Agenda:

- Officer's Reports
- Visit from Ulric 27/28 July
- October Birthday Bash
- Border War XV
- Bordscros Badge
- Other Business

PLEASE LET ME KNOW IF YOU HAVE
AGENDA ITEMS YOU WANT ADDED TO THE
MEETING.

Lady Anora BloodAxe rfr09803@bigpond.net.au

SHIRE MONTHLY SCHEDULE

1 st Saturday	LA	Loch Alba Monthly Feast ^14 Harrier St, Estella
1 st Sunday	BCC	Armouring, Rapier and Archery #11 McGaffin Crt, Wodonga
2 nd Sunday	BCC	A&S and Meeting AWSFC, off Borella Rd, Albury
3 rd Saturday	BCC	Bordscros Central Monthly Feast AWSFC, off Borella Rd, Albury
4 th Sunday	BCC	Armouring, Rapier and Archery #11 McGaffin Crt, Wodonga
Tuesdays	BCC	Heavy Fighter Training every Tuesday * Magnus' work permitting
????	LA	^Fighter Training

LA = Wagga Wagga BCC = Albury-Wodonga

Contacts

Arnora Bloodaxe rfr09803@bigpond.net.au

^ James Douglas paul.willis@exemail.com.au

* Magnus Thorbjornson ssalau@hotmail.com

EDITORIAL INFORMATION

contributions

Production date as close to the 1st of the month as I
can manage. Contribution deadline is the 3rd
Saturday of the month prior to publication. For
example, information for July Grapevine should
be sent, given or emailed to the editor by the 3rd
Saturday of June. The editor reserves the right to
delay any copy received after the deadline.

CHRONICLER'S CORNER

Greetings Good Gentles,

Wow! We have a feast of good things in
this Grapevine. Not ONE but TWO articles from
the populace: an article on medieval gardens and
a report on the recent Coronation of our King
and Queen.

Added to that we have the latest court
rumours and all the usual articles. The upcoming
events and newcomers information have all been
updated so don't forget to have a quick browse
through them as well.

Yours in Service to the dream,
Lowry ferch Gwynwynwyn ap Llewelyn, GoA



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Dear Cousins,

Greetings from your Cousin Don Loyola Juan Sanchez Mendoza, Baron Roawny.

Though on the eve of wonderful events in the Barony of Stormhold it has come to my attention news of the direst concern.

Our lady in waiting had been gossiping with the right noble Lady Ailis inghean Mheadhbha, who as we know is mistress of the wardrobe for there Majesties. Our lady in waiting did mention to us some of the concern Lady Ailis had for his Majesties health. At first I did dismiss this as the foolish rambling of an impressionable young lady. For not but a few days ago I was in his Majesties most august presence and he did seem harty and full of health.

What I am about to impart must be in the highest confidence trusted Cousins, I rest assured of your proprietary in this unusual circumstance. I would not trouble you of such thing had I not received a letter through various means, which we shall not go into, you shall have to take my word of the letter existence. This letter did shock me to the core. The content is very dark in deed. I have copied unto this document the content of this letter, read on:

Unto Her Majesty does Ailis inghean Mheadhbha, Her most faithful servant, send warm but troubled greeting.

Whilst it pains me to be the bearer of ill tidings, I feel that Your Majesty must be acquainted with information that I have of late acquired.

Whilst carrying out my duty as Mistress of Your Wardrobe, I was patterning His Majesty with utmost care, yet my thumb did stumble, I am ashamed to say, for I had pinned His Majesty and did thus draw blood. In horror did I apologise and yet our King felt not the bite and continued with his business.

It was then that I did notice unusual lesions upon the knuckle of His strong right hand. My fright was great that the very hand wielding the sword that protects the Holy Land could feign show weakness. Upon his powerful shield hand did I perceive a disfiguring pustule, could it be anything but the convergence of foul humors, spewed forth from His mystery ailment?

Dismayed that I could possibly have thought ill of our Great King, I returned to my work, when one of your Kings Guard did attend upon him at that time. Lord Clement is a gentle known for his skill in healing, learned from Moorish physicians. But surely King Niall would only engage Lord Clement for his fighting prowess and rowdy humour, not for medicinal services secret to all but Himself.

Please know that I am but a humble servant and would not wish to question the health of our Mighty King, I would not dare mention even the word Leprosy for fear of Rumour visiting her insidious ruin upon your reign.

Allay your fears and speak with His Majesty, I am sure that I speak out of turn and with ignorance of the ways of science. Our King cannot be but hearty and hale.

Yours in Service and with sealed lips, Mistress of Your Wardrobe, Lady in Waiting and faithful servant to Your Majesties, Lady Ailis inghean Mheadhbha.

Continued over...



I continue.

As you can see there may be a horror lurking in our highest house. It is well known about the kingdom that there Majesties make plans to travel to the far east of the shores of Lochac. Many know it is a pilgrimage to the land of Pennsic. I fear another reason for this journey, what ever malady may be praying upon our King I fear it is beyond the hand of Lord Clement, I think the king goes to seek the mightiest apothecaries of the furthest lands of this our known world.

Cousins I beseech you cast out your nets for any information to prove me wrong, that this just a maddening fear. To those of us who travel to the great revel in Stormhold, look to his Majesties health. I pray keep this information close, for the last thin we wish is to have the populace in fear.

In service to the realm,
Don Loyola Juan Sanchez Mendoza, Baron Rowany.

POSITIONS VACANT

Please consider donating a few hours a month
to fill an office.



Chirurgeon: First Aid Officer.



**Herald: Master of Ceremonies, Town
Crier &/or Researcher**



**Hospitaller: Publicity Officer & Asset
Registrar**



Lists: Scorer.



Marshall: Umpire.



**Reeve: Treasurer: Needs basic
bookkeeping skills**



Its easy to see how officers help the game, but what
do **you** get out of being an officer?

Ask any officer and they'll tell you: a sense of
satisfaction and the knowledge that by our efforts
our club is strengthened and our game enhanced.

Put simply,
It adds to the fun!

TRIVIA THE FACTS

Thatched Roofs

By [Melissa Snell](#), About.com Guide

Most peasant cottages and many town buildings had thatched roofs -- which, rather than being simply "thick straw-piled high," were constructed of carefully, tightly woven straw, bro[o]m, heather, reeds or rushes.¹ When properly devised, thatch was (and still is) very good at keeping out the elements, including rain, snow and hail. Unfortunately, thatch could be an attractive abode for such uninvited guests as small rodents, insects and birds, it was subject to rot relatively quickly in wet weather, and in dry weather it posed a fire hazard. On the other hand, it was cheap and easy to construct, so cottages could, and did, get a new thatch roof when the old one ceased to provide adequate shelter. Most peasant housing was fairly impermanent in any case, and cottages were usually completely rebuilt every generation or so.²

While it is quite possible that a cat would jump up on the roof to hunt vermin, he would not "live" there, nor would dogs or other small animals. Have a look at [a thatch roof](#), and you'll see that there is really no place for an animal as large as a cat (let alone a dog) to remain comfortably "in the roof." This is simply one of the sillier claims of the hoax.

Alas, the origin of the phrase "raining cats and dogs" is currently unknown. Its first known use in print was in the seventeenth century, but it may go back a few hundred years before that. Michael Quinion explores several theories at his [World Wide Words](#) site.

Notes

1. Gies, Frances & Gies, Joseph, *Life in a Medieval Village* (HarperPerennial, 1991), p. 34.

2. Ibid, p. 88.

[editor: World Wide Words looks like an interesting etymology site]



PUSSYCAT... WHERE HAVE YOU BEEN? OFF TO MORDENVALE TO VISIT THE QUEEN!

**By Grapevine Roving Reporter:
Seraphina La Merchant**

The car was all packed and I was ready to go. Unfortunately, my travel companion for the first leg of my journey, Lady Elizabeth, had to pull out due to family sickness. I had my music, my snacks and GPS all at hand. The first leg of the journey went pretty quickly as I sang like a professional crazy lady the whole way to Penrith: George Michael, pet shop boys, Cher, Def Leppard and finally Elton John kept me company and tolerated my howling to their beloved songs.

Once I had arrived at Mistress Cairistiona's the car was packed and we were off to Paterson. Finding the way seemed a little difficult at first as the GPS lady had *her* ideas and we our own, but, after a few wrong turns we found our way. Stopping for dinner and the most to-die-for pizza in Singleton, just before we were almost to our destination, as it was getting quite late by then, we eventually reached Paterson NSW, also known as the Barony of Mordenvale.

Our lodgings were beautiful at the Tocal Agricultural College; the main hall was like stepping back in time, with its dark wood high ceiling, and our rooms were quaint and comfortable. Bed very quickly followed my arrival after such a long day and 8 hours driving.

Early morning wake up and a beautiful cooked breakfast of bacon, eggs, mushrooms and porridge was served out in the fresh air with the birds. Then off to get ready for court and coronation. The pomp and splendour of it all made the moment in the big hall so wonderful and memorable. Large drapes of material hung from the roof in the Lochac colours of red, white and blue, behind the thrones that were set up and standing proud awaiting the new King and Queen to take their rightful place. Court business was attended to and the previous King and Queen, Felix I and Eva I, were thanked and their court stood down as their reign had come to an end. The new King Niall and his beautiful Queen Liadan took their place and were crowned in this joyous event. (see picture R)

The afternoon followed with awards presented to members of the populace, as well as

other court business, and the new court of the crown announced and sworn in. This was followed by the rapier tourney. This was my first time seeing rapier in person, and my love for it was all the more set in my head: one day that will be me out there on the field taking part.

After lunch of soup and breads, the Tocal Token Tourney commenced, followed by a beautiful afternoon in the sun catting with the fine people that had attended the event, as afternoon tea of period food, meat pies, cheese pastry and spinach and onion tarts were served, whilst we listened to the group that had gathered for the afternoon collegia on singing.

As 5pm approached and the sun was fading, the coolness of the evening set in and we retired to change and wait in the courtyard in front of our rooms for the pilgrimage to the main hall; as the songs rang out, we followed lanterns in hand till we met up with the Monks that were in service to the Barony of Mordenvale and were hosting this great event, who lead us into the food hall. The hall was awash with candle light. They were everywhere and the glow was magical. There were lines of tables and chairs with beautiful flower decorations spread out on each one, and the high table beautiful and befitting a King and his Queen.

The food was plentiful with roast meats of lamb, pork, spiced beef and full roast chickens served. Dips and breads and vegetables were also served during each remove. My favourite actually was a dish of cauliflower and hard boiled eggs mixed together in a rather tasty sauce.



Court was called and many awards and titles were given out in both the Crown and Baronial courts; the funniest apparently being the title of



Baron given to Duke Cornelius of Politarchopolis since he has every other title except this one. The King and Queen seemed very pleased with the gifts that Mistress Cairistiona and I presented to them on behalf of our wonderful Shire of Bordescros. As it turns out, we were seated with Rather Important People, they being the Queen's Father and Mother and also Master Crispin Sexi, the Court Bard, whose brain I picked on period music to accompany the play Ulfric Thorodan and I have been given the task to write for Border War next year. Music sheets in hand, I bid all goodnight as 11 pm neared as it had been such a long day.

had befriended, had given to me; and finding out everything I could about how to get my garb right. Lady Jane Stockton of Mordenvale presented me with a gift of 4 freshwater pearls on pins for pinning such things as veils etc. and a wooden needle container with two sewing needles in it and said it was to encourage me to keep going. If my embroidery ever gets to one-eighth of the standard of hers, I will be doing well, as she is also in the embroidery guild. Her Black Work on her Elizabethan tunic was to-die-for.

Then the car was packed as the Rose Tourney commenced, and we stayed to watch for a while; but I knew the drive home was going to be 8 hours, so we left just before lunch and final court. Changing out of my surcoat and veil, I felt naked and desperately wanted to get 'dressed again'. I guess I was dragged back into the mundane world, none to happy for it. Taking Mistress Cairistiona home, I then drove on to my fur-children and my loving Bordescros family, which I missed.

All in all, I thoroughly enjoyed my first full event at the Barony of Mordenvale and to see the Coronation and be part of Court was fantastic. I'm very much looking forward to my travels next month with Lord Crimthann to Radburne War to catch up with new friends; Ulfric, Nalini, Heilwich and the great Keegan. Camping is on the cards and it will not be as formal, so it will be interesting to see what this adventure has in store for me. Bring on Radburne and wayfaring to it (it's proper name and a new term I was taught... love it!) next month.



<http://wyvernridge.zenfolio.com/>

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Mistress Cairistiona and our own reporter, Serafina enjoying Court.

On the Sunday morning I again arose early to kookaburras and was greeted with just as beautiful a cooked breakfast as the day before, but they also had pancakes to add to the delight. I spent my morning, as Mistress Cairistiona was attending her Pelican's Meeting, talking and furiously writing names of books and web pages for archery bows and costuming/period garb, that some wonderful Laurel's in costuming that I



Serafina, Wayfarer & Reporter

Editor: You can see more pictures of Coronation at the site I sourced these photos:

<https://www.facebook.com/media/set/?set=oa.10151563719503167&type=1>

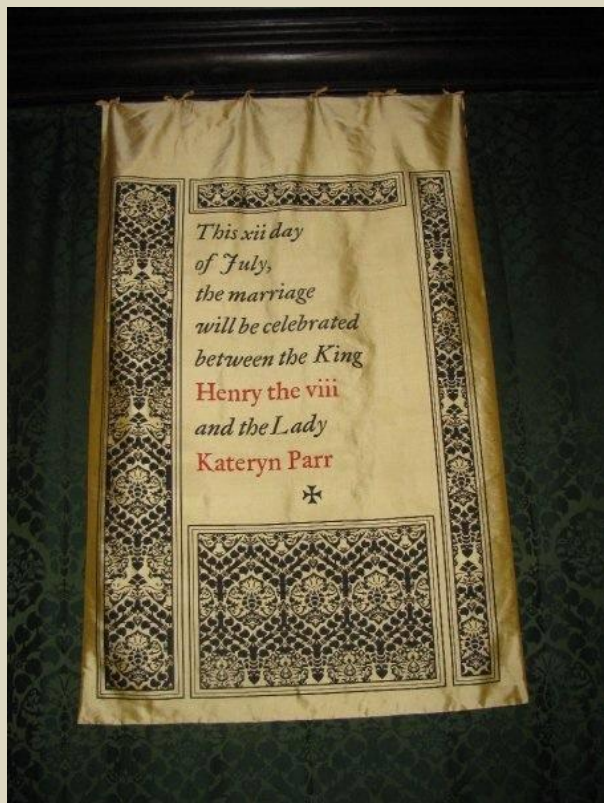
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Grapevine is available from Lowry ferch Gwynwynyn ap Llewelyn GoA (Tracey Sawyer) via grapevineed@hotmail.com

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this month in history...



12 July 1543: The marriage of King Henry VIII to The Dowager Lady Latimer, Kateryn Parr at Hampton Court Palace. The wedding took place in the Queen's closet above the Chapel Royal. Unlike the show "The Tudors", the ceremony was quite small. Among those in attendance was Lord and Lady Herbert (Sir William Herbert and Anne Parr, the queen's sister); Ladies Mary and Elizabeth Tudor (the king's daughters); Lady Margaret Douglas (the King's niece and the queen's cousin); Lord and Lady Hertford (The Seymour's); and a few other lucky guests.

More info:

<http://onthetudortrail.com/Blog/2011/07/12/king-henry-viiiis-marriage-to-katherine-parr/>

Taken from the facebook page:
Katheryn Parr, Queen of England and Ireland.
Worth a look if you like things Tudor.



officer's reports seneschal's saga



Greetings Bordescros,

It is so wonderful to have Jack back at the group and he has bought along his gorgeous girlfriend Emily, who bakes an amazing strawberry tart and I think we are going to see many more amazing dishes from her, Emily it is an honour and a privilege to know you and we welcome you into our little Shire.

We are going to have to start our meet a little later than usual, we will start the meeting between 1.30pm and 2.00pm, and this is due to officers not able to get there until that time.

This month we were going to have a visit from Mistress Nicholette but she cannot make it, she is going to try for our August pot luck. She is coming to talk to us about oils and their medicinal properties; while she was nursing Master Gwynfor she found that he got a lot of relief from these oils and I have also used some of them and I have found they help. Let's hope she can get here next month.

This Sunday after the meeting and A&S we will be going out for tea again at the North Side, we all look forward to this as it means no cooking and dishes when we get home after a long day out.

Sunday's archery is growing; each time the better the weather the more people we have joining us and shooting up our back yard. When the weather fines up in a couple of months' time we will start doing more things together, like going to the pizza oven in Albury.

I think that is all I have to let you know about this month.

Yours in Service to The Crossing and Lochac
Lady Arnora Bloodaxe, AoA, OGT

Loch alba Lowdown

We had 4 people attend bash in June, but there was no combat as it was too wet.

The hall hasn't been booked for Birthday Bash in October as the car club have their big event this weekend and they didn't have time to get to it before now. James has promised to contact them and will forward information when he has it. He has checked their calendar and our desired date appears clear, so it looks like the venue is sorted.



OFFICER'S REPORTS

marshall



CENTRAL: No tourneys were held at either group, due to our wonderful wintery weather.

Fighter practise is from 7pm – 9pm at Baron Magnus' place in Lavington, on every second Tuesday night. For the address contact Magnus at ssalau@hotmail.com

constable



No news
No injuries
No lost property.

reeve



June AS47

We have a reasonably healthy bank balance but still need to watch what we spend.

Our Acting Reeve is Seraphina la Merchant, watch this space for further announcements.

web wright



Trialing the new group facebook is working well. Fighters have one page for themselves – set up through the kingdom server. Can people please delete any other BC facebook pages they started.

herald



Herald's report has been sent to Kingdom. Several people have asked for help with arms. Many have been posted to Lochac Heralds list on facebook, some with positive results, some need work. *[Unfortunately, mundane life is going to be too busy for me, in the next few months as I complete my Grad Cert and work full time. So I am going to suggest that people log onto that facebook page and ask the heralds there to assist. It will have much quicker results – Lowry]*

Reports continued p 9

from the minutes

- Birthday bash – THL Lowry to autocrat
- IKAC happening at bash, are trying to get it up and running giving us another activity to do.
- Ulric has offered to come down and help us out, leather maker, armour making and archery/war training.
- Combat archery: motor cross pads seem to be the best protection and are not that expensive, also they can be purchased over the internet.
- Leather, Knees and elbows to be sold, members can set up a payment plan.
- Festival ... dorm booked but no word yet
- Border war times are changing at the crossing like The Battle of Hastings, trial for no mesh war ... War; Kids stuff ; Rapier; Help need in all areas and so no one stuck in the kitchen all day; Make sure things are more organized, so everyone knows what is going on or where to find out the information.
- Mid winter coronation July 2014, re-visit next month.
- Donation of bear bait To be sent with Nikki to Mid Winter Coronation for the crown.

etymology corner

Borde continued.... As well as meaning board as in plank or bawd as in merry, loose-living person (jester, actor, musician, prostitute) according to historian and author Georgette Heyer it also was the slang term for sixpence.

TV SERIES REVIEW: BBC The White Queen

I watched the first episode of this series on You Tube (in 4 x 10 minute segments). It looked great! Lovely costumes and true to the novel if not true to history.

Good looking actors, beautiful clothes and medieval homes, lovely!

I'm going to wait and watch it when we get it on ABC or SBS rather than watching on my computer, the office is too cold! But I am don't think I'll be disappointed.

Lady Arnora has promised a more in depth review in the next newsletter, as she has seen most of the series so far. We'll look forward to that very much indeed.

Rating: ★★★★★



Officer's Reports

arts & sciences



* A&S is going well

* There are no planned competitions as we are focussing on encouraging A&S activities for pleasure.

* We encourage those who wish to enter competitions to have a go at the Kingdom competitions.

A&S Collegia list for 2013.

**Please note this may change/alter during the course of the year.*

YiS,

Lady Thomasina Coke.

August	* Sewing. Presented by Lady Thomasina. At bash: Puppet Making - bring a smock or apron
September	* Heraldry. Presented by THL Lowry.
October	* Herb lore. Presented by ?
November	* Knitting. Presented by Lady Arnora.
December	* TBA

A&S is held on the second Sunday of each month at the Albury Wodonga Fishing Club from 2 – 5 pm.

A&S is also on at Einarr and Arnora's on the first and fourth Sundays of each month. At these A&S sessions armoury, archery, and rapier are the main activities. Other A&S activities can also be undertaken, weather permitting.

Time: 11 am for lunch followed by A&S

Address: 11 McGaffin Court, Wodonga

Re: Trivia... On Thatched Roofs



The thatched hall from Boarhunt reconstructed at the Weald & Downland Museum. [Link to their site.](#)

INTERESTING SITES ABOUT:

Anglo-Saxon Obstetrics

The AS Chronicles focus more on male history, so most of our knowledge of AS women comes from archeology:

<http://www.medievalists.net/2013/06/29/reconsidering-obstetric-death-and-female-fertility-in-anglo-saxon-england/>

Remember History Cold Case TV series? One episode they found a women with three tiny corpses buried with her...

this is the case notes from that excavation. Download the article from <http://dx.doi.org/10.1080/00438243.2013.799044>

It looks fascinating!

Christine de Pisan medieval manuscript

The British Library has made a digitised copy of Christine de Pisan's Book of the Queen. You can examine it for yourself on line here:

<http://britishlibrary.typepad.co.uk/digitisedmanuscripts/2013/06/christine-de-pizan-and-the-book-of-the-queen.html>

Same Sex Relationships of Medieval Arab Women

A recent article suggests these were more accepted than commonly believed or are accepted today. If you are interested you can download the paper from this article

<http://dx.doi.org/10.1080/00438243.2013.799044>

Islamic Art

The Morgan Library and Museum has an exhibition on Islamic art and they've posted several pictures to their website, here:

<http://www.themorgan.org/collections/works/islamic/default.asp>

More archeological forensics

The forensic specialists from Dundee University (the ones who were on History Cold Case) have recreated Mary, Queen of Scots face using paintings from 'before and after' her time in Scotland. You can see a photograph of that 3-D reconstruction here:

<http://earlymodernengland.com/2013/06/face-of-mary-queen-of-scots-brought-to-life/>

As the above are all female oriented, here is one for the blokes:

Mongol Punishments

A recent discussion on the gruesome practises of the Mongolian warlords led to Stefan li Rous (of Stefan's Florilegium fame) posting this link:

<http://rbedrosian.com/ga2.htm>



Medieval Gardens

By Caisirstiona inghean Raghnaill

There has been a long history of gardening, although it has varied considerably over time. Some in the ancient world have received lasting memory status, such as the Hanging Gardens of Babylon. There seems to be little definite information available as to the exact time gardening as we know it today started, but it began when people in ancient worlds decided that they wanted to plant something in a place where it had not grown of its own accord. This may have been for food purposes, or maybe just because they wanted their early home to be a little less utilitarian.

We are fortunate that there have been some good recordings of later period gardens. Some of the most famous are those at Alhambra in Spain, which was originally established by the Moors and then taken over by Ferdinand and Isabella, the parents of Katherine of Aragon. The gardens of the later period were sometimes documented quite well, with layout plans, or described in poetry, theatre, stories and artworks of their time.

Many of the plants and flowers that were used are still around today, although their uses may have changed. Often what we know as 'weeds' today had considerable food and medicinal uses in period, such as dandelion and nettle. There are many similar examples where our medieval ancestors found a good use for our 'weeds' of today. Some, such as digitalis (otherwise known as hemlock) could be garnered from attractive plants, and others found their way into the poetry of the age with a range of 'meanings' being subscribed to them. Some of these are still seen in evidence today, such as in bridal bouquets that are chosen by some on the meanings of the flowers. And of course all Australians are aware of 'Rosemary for remembrance' which is worn on Anzac Day.

Gardens began to be enclosed for a number of reasons, such as wanting to secure food sources, to keep an area for private enjoyment that was not open to all passersby, to create a secure environment for more rare plants, to protect a space from the more extreme elements, or to simply create a haven for peace and tranquility from the world outside.

This is the first in what will be a series of articles on Medieval Gardens, their design and the plants that were used. I hope that you will enjoy them, and perhaps take inspiration to plant something of the medieval world in your own environment.



From *Il Cuoco Segreto Di Papa Pio V* (The Private Chef of Pope Pius V), by Bartolomeo Scappi, Venice, 1570.

<http://www.pbm.com/~lindahl/food-art/>



recipe of the month

Instead of an actual recipe I am this month including this extract from the BBC
http://news.bbc.co.uk/local/devon/hi/people_and_places/history/newsid_8691000/8691842.stm

Devon cream tea: Devonshire born and bread?

By Jemima Laing
BBC Devon



Mmm tasty! Scone, jam and cream - a cream tea ready to be assembled the Devon way

Mention Yorkshire Puddings, Cheddar Cheese, Worcester Sauce or Plymouth Gin and nobody blinks an eye. But start talking about cream teas and there's a full-on battle for ownership.

The following is an extract from an article by BBC Devon's Laura Joint which was first published on [BBC] site in 2005:

Local historians in Tavistock, west Devon, think they've found the answer to the origin of the cream tea.

They've been studying ancient manuscripts as part of research around the 900th anniversary of the granting of Tavistock's Royal Charter by King Henry I in 1105. [Ed. Yes that IS 1105]

After piecing together fragments of manuscripts, they've discovered that the people we have to thank for creating Devon's favourite dish are the monks of Tavistock's Benedictine Abbey.

The Abbey was established in the 10th century, but was plundered and badly damaged by a band of marauding Vikings in 997AD.

It took a lot of hard work to restore the Abbey, and the task was undertaken by Ordulf, Earl of Devon.

His father Ordgar, Earl of Devon, had been responsible for establishing the Abbey in the first place.

Ordulf was helped by local workers, and to reward them, the monks fed them with bread, clotted cream and strawberry preserves. And so, the Devon cream tea was born!

The cream teas were so popular, that the monks continued to serve them to passing travellers.

[Read the original feature from 2005](#)

So, once you've decided where the cream tea originated then you move on to the equally vexed issue of how to eat it. There are two ways, naturally the Devon and Cornwall methods.

In Devon the idea is to split the scone in two, cover each half with clotted (not whipped) cream, and then add strawberry jam on top.

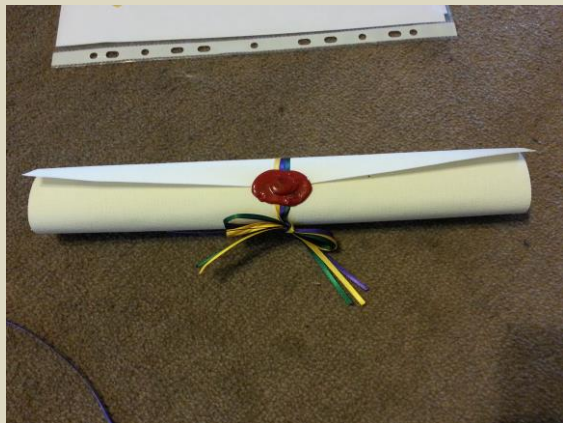
In Cornwall the scone should first be buttered, strawberry jam added and a helping of clotted cream on top.



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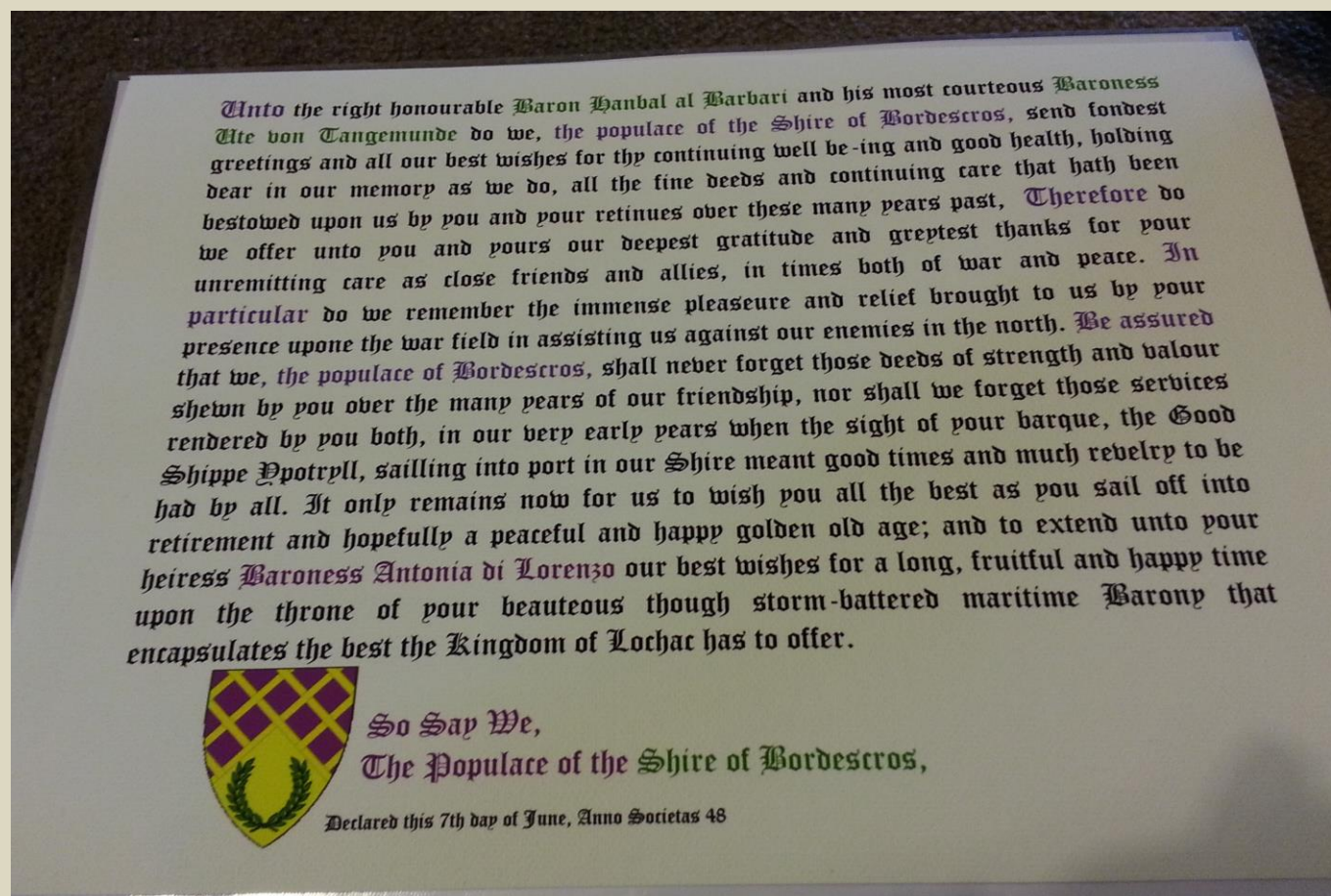
STORMHOLD BARONIAL SUCCESSION

Stormhold recently saw their beloved Baron and Baroness retire to be replaced by a most worthy successor. Here is a photograph of the scroll we produced, which was kindly transferred to canvas, rolled up and sealed and presented to the outgoing B&B, by Elizabeth Hunter, lady in waiting to Stormhold:



Doesn't it look speccy?

Below: the open scroll with (hopefully) readable contents:





A PAGE 4 PAGES

This issue I am publishing the first chapter of a story about a little boy who lives on the Welsh-English border, some years after the Normans began ruling. At this time peasants were Welsh or Saxon, while the nobility were Norman. Life was quite comfortable for the nobles, but not so much for the peasants. I hope you enjoy reading it...

In which we meet Tom and his family...

Tom curled himself into a tight ball, as small as he could make himself inside his furs. He squeezed his eyes tight shut, trying to stay asleep, and warm, and unnoticed, for as long as possible.

It didn't work! A booted foot nudged him gently in the ribs, "Time to get up, lad" his Da's voice rumbled, "Sun's almost up and the goats are waiting." Tom heard his footsteps clumping across the floor. The door banged behind him, as he crossed the passage to the ox stalls.

He heard his Mam rattling the fire irons as she added kindling to last night's embers. "Brrr," she shivered, "it's awful cold - winter's early this year. Come on Tommy-Bach, get you up afore your Da comes back and cracks you one."

Tom heard the wood crackling - and - all at once - jumped up out of his sleeping furs and ran to stand shivering before the flames. His Mam tossed his tunic at him. "Get that on you - 'tis bare indecent you are - and turning blue." She smiled, her eyes crinkling at him.

He shivered his way into his tunic, leaving it unbelted, as he thrust his feet into his sheepskin boots. Then, wrapping himself in his woollen cloak, he ran out into the dim, frosty morning.

He grabbed up his wooden milking stool and bucket from the bench beside the door and ran across the toft to the goat pen, the frost on the cobbles crackling under his feet. He could hear his Da in the ox stall, raking out the dung, and he could hear the oxen chewing their grain. The chickens, ducks and geese all set up a racket, calling as he ran by.

He ignored them. Birds were women's work - his Mam would see to feeding them, once she had her men folk's breakfast ready. His stomach growled at him - mmm, he could almost taste the bread and warm milk.

Hurrying he sat down by the first goat and started milking, gently tugging on her fat warm teats, sending the milk streaming thickly into his bucket. A starveling cat came curling, mewling around his feet. He gave a quick glance toward the ox stall. Da wasn't looking, so he sent a stream of milk toward the cat, giggling as it hit her in the face. She licked her face clean and prowled some more.

He moved on to the second goat, and pressed his face into her side as he began to milk her. He could almost go to sleep again, feeling her warm, rough hide against his face and ear. But just then, his Da called out to him from the house, "Hurry up, Tommy - work's waitin' and our Reeve is no' a patient man. If you canna hurry you'll miss your breakfast."

Tom carefully carried the almost full bucket of warm, frothy milk across to the house. He handed it to his Mam, and she carefully poured it through a clean cheese cloth into a waiting milk pan.



"Hurry you up now" she said as she ladled some of the still warm milk over the bread in his bowl. "Get that in you, it'll make you grow as big and strong as your Da." He sat down across from his Da, who was munching on his trencher of thick bread which had a mess of thick pottage on it.

Mam put the rest of the milk aside on the windowsill, and then standing at the table she spread out two kerchiefs. She laid a heel of bread, a chunk of cheese and a couple of pickled onions on each kerchief. She crossed to the fire and brought back two hard-boiled eggs. Then she tied the kerchiefs in a knot, so the food couldn't fall out.

She laid a leather bottle next to his Da's lunch, "That's the last of the small ale," she said, "I'll tell our Betony we need some more when I fetch the water, and you might bring it home with you the night."

Tom's biggest sister, Betony, was married to Will, the village cooper and lived at the tavern with him and his mother, who was the village ale-wife. His other sister, Gwynllian, was a maid at the demesne farm. Gwyn was courting Robbie, one of the Lord's cowmen. Tom's big brother was away somewhere, at one of the Lord's other places, learning to be an archer with the Lord's army. His youngest sister Mareddydd, was cook's helper at the manor.

Then there was Tom, and then after a gap, was the babby, Dafydd. There had been another little boy after Tom, Dai, but he'd died of the small-pox. The same small pox that had scarred Mareddydd so bad, leaving her all pock marked and ill-favoured.

As soon as he'd finished his bread and milk, Tom jumped up from the table and went to his peg, took down his belt and tied it around his waist. He tied his kerchief to his belt on the left side. He picked his cloak up from the bench where he'd dropped it, hung it on his peg and hurried out after his Da.

Together, they hitched up the oxen, Tom holding up one end of the yoke while Da pushed and prodded the beasts into place. They led the oxen out to the toft and hitched up the plough.

Together, they walked out onto the road and through the village. Past the smithy, where John Smith was already at work, pumping the great bellows, getting his fire nice and hot so he could soften the iron and beat it into horse shoes and plough shares and axes and swords.

Past the village green with its well and its huge chestnut tree, which Tom and the other boys loved to climb. It had the best conkers!

Past the alehouse, at the edge of the green, where Betony was sweeping the front step. She stopped to call a greeting to her Da and Tommy.

Past the cottars' houses to the large field, where Tom could see other men and their sons gathered for the day's work. It was a Monday, so they were to work on their Lord's strips.

Tom's Da was a villein, so he owed three days a week to Lord Godfrey, taking his orders from the Village Reeve. For three days he worked for himself and his family. That left Sunday for church.

Now that Tom was seven years old he was big enough to do a days work, too. So from sun-up 'til sun-down he worked in the field with his Da.



His job, today, was to pull the stones out of the plough's way and carry them to the edge of the field. Sometimes, the stones were so big, he couldn't lift them. Then, one of the men working in their team had to come and help him move the stone.

Last year, when he was just a little boy, he used to play near his Mam while she worked around the croft. After making breakfast, and straining the milk, she would fetch the water from the well. She would usually have a bit of a chat with the other women from the village and nearly always stopped to talk to Betony.

Next she would feed the chickens, ducks and geese. Then she would clean the house. Afterward, she would weed the garden, or spin wool, or weave. Sometimes she would pick berries and make jam. At harvest time, she would work in the field too, gleaning.

GLOSSARY:

Cooper:	a barrel maker
Croft ¹ :	a piece of land with a cottage on it, about ¼ of a modern acre, usually.
Kerchief:	a piece of cloth
Ox:	a neutered bull used for working
Toft ¹ :	the cobbled area around a cottage
Trencher:	a plate made of stale bread

1. Sanchez, S. (1982). *The Luttrell Village: Country Life in the Early Fourteenth Century*. London: Book Club Associates

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Continued next issue...

upcoming events

July 19 - 21	La Prova Dura 2 (Sat) and La Prova Amore (Sun)	Innilgard, SA
July 27, 28	Leatherwork Collegia Weekend with Ullic	Bordescros, NSW
Aug 10	Radburne War VII	Rowany, NSW
Aug 17, 18	Politarchopolis Winter A&S Cellegium	Politarchopolis, ACT
Aug 23 - 26	Cold War 7	Rowany, NSW
Aug 31 – Sept 1	Knight School	Rowany, NSW
Sept 7	A Little Bit of Rapier	Ynys Fawr, TAS
	St Vitas' Dance and Music Weekend	Politarchopolis, ACT
Oct 4 - 7	Spring War	Mordenvale, NSW
	Great Southern Gathering V https://sites.google.com/site/greatsoutherngathering/	Innilgard, SA
Oct 13	Lyos Memorial Picnic	Cairnfell, Vic
Oct 26, 27	 Combined Birthday Bash: Central and North Wards Wagga, address to be advised	Bordescros, NSW
Nov 9, 10	 November Crown at the Siege of Rebels Keep	Stormhold, Vic
Dec 1	William Marshall	Stormhold, Vic
2014		
Jan 9 - 11	Twelfth Night Coronation	Krae Glas, Vic
Feb 21 - 23	Border War XVI	Bordescros, NSW
May 11- 13	May Crown	Aneala, WA
July 5 - 6	MidWinter Coronation	Politarchopolis, ACT



GRAPEVINE

JULY 2013
AS48

VOLUME 16
ISSUE 3

Regnum & contacts

	Their Royal Majesties	King Niall Queen Liadan	Chamberlain:
	Their Royal Highnesses		
All Kingdom Officers can be contacted via: http://lochac.sca.org/lochac/regnum/index.html			
	Seneschal President	Lady Arnora BloodAxe Rhonda Drewe	rfr09803@bigpond.net.au
	Assistant Seneschal Loch Alba / Wagga Wagga	Lord James Douglas Paul Willis	paul.willis@exemail.com.au
	Arts & Sciences	Lady Thomasina Coke Tamsin Walle-Semmler	drumheller@iprimus.com.au
	Chatelaine / Hospitaller Publicity Officer	<i>Position Vacant</i>	
	Chirurgion First Aid	<i>Position Vacant</i>	
	Chronicler Secretary / Newsletter Editor	TH Lady Lowry ferch Gwynwynwyn Tracey Sawyer	tfsawyer@yahoo.com.au
	Constable Security	Lord Einarr Thorsgrimsson John Drewe	grumpypa17@gmail.com
	Herald Master of Ceremonies	<i>Position Vacant</i>	
	Lists Score keeper	<i>Position Vacant</i>	
	Marshall Umpire	Baron Magnus Thorbjornson Shane Salau	ssalau@hotmail.com
	Reeve (Acting) Treasurer	Serafina La Marchant Nikki Wilson	tba
	Web Minister (Acting) Website Administrator	TH Lady Lowry ferch Gwynwynwyn Tracey Sawyer	tfsawyer@yahoo.com.au

Gotland Archeology Society has begun their 2013 annual field course (I did SO want to attend, but didn't save enough cash in time). From their site: "The course, being five weeks of field work, combined with lab work as well as landscape analyses, writing scientific reports etc, will be dealing with a Viking Age harbour site. The time is from 8th of July to 9th of August." The exciting thing is less than a week in and they have already begun making finds... there is a clip of their first knife find this year, here:

https://www.facebook.com/photo.php?v=573161172726875¬if_t=not_ify_me

Their site is here: <http://www.gotland-fieldschool.com/field-courses.html>



This is the *Grapevine*; a publication of the Shire of Bordescros of the Society for Creative Anachronism Ltd. *Grapevine* is not a corporate publication of either the Society for Creative Anachronism, Inc, or the Society for Creative Anachronism Ltd and does not delineate SCA policies. *Grapevine* is available from Lowry ferch Gwynwynwyn ap Llewelyn GoA (Tracey Sawyer) via grapevineed@hotmail.com

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Bordescros A&S Entry Form

(to be completed by the Entrant and retained by the Bordescros A&S Officer)

SCA Name:									
Legal Name:									
Contact Details: (Address or Email)									
	State:				Postcode:				
Event:									
Date:					Entry No:				
Name of Competition:									
Time Frame &/or Location in Period									
Have you included Documentation with your entry?						YES		NO	
I agree to have a photo of this entry added to the Bordescros A&S Web Site						YES		NO	
I agree to have a photo of this entry and documentation published in Bordescros Grapevine						YES		NO	
INFORMATION FOR JUDGES:									
Is this your first attempt at this type of item / skill ?						YES		NO	
I would consider my experience level in this skill to be:									
Beginner			Intermediate			Advanced			Professional
(A&S Officer, please check the Entrant's skill level is noted on the A&S Competition Judging Form).									
Signed:					Date:	/ /			



Society for Creative Anachronism Ltd

REQUEST TO PARTICIPATE AND INDEMNITY - ADULT MEMBER

To be signed by members with proof of membership but without proof of indemnity signed within the previous 12 months.

Request to Participate and Indemnity

I, _____ (print full legal name)

of _____ (address)

being a member of the Society for Creative Anachronism (the Society), request permission to be present and to participate in the event and activities detailed hereunder. On being granted your permission I, for myself, my heirs and executors ACKNOWLEDGE AND AGREE:-

1. That I am fully aware of the activities to be engaged in and that they may be dangerous.
2. That I understand that some activities in the Society may be constrained by local laws and I shall take personal responsibility for learning and following those laws.
3. That I voluntarily accept the risks involved.
4. That I shall obey the proper direction of all authorised officials of the Society and that may be excluded from participating by my failure or refusal to do so.
5. That I acknowledge that the consumption of alcohol or any mind altering drugs increase the risks, and I take full responsibility for any injury, loss or damage associated with their consumption.
6. That equestrian and combat related activities are dangerous.
7. That I will not participate in any combat related or equestrian activities that I am not appropriately authorised to participate in.
8. That being given permission by an authorised official of the Society to participate in equestrian activities, armoured combat, rapier combat or as a trainee combatant or Marshall, alone does not authorise me to participate in combat related activities and I must complete, to the satisfaction of the Society or its officials, any other authorisation procedure required by the Society.
9. That I shall indemnify and keep indemnified the Society and all members thereof, whether officials or not, from and against all claims, actions, proceedings and demands of whatever kind relating to any injury, loss or damage whatsoever and howsoever caused to my person or property arising out of or in connection with my membership or my attendance at or my participation in any activity of the Society.
10. That I am over 18 years of age and that I understand the purport and the effect of this document.

EVENT & PLACE: _____

ACTIVITIES PERMITTED: _____

SIGNED: _____ WITNESS: _____ DATE: ____/____/____

Society for Creative Anachronism Ltd

REQUEST TO PARTICIPATE AND INDEMNITY

ADULT NON MEMBER OR ADULT MEMBER WITHOUT PROOF OF MEMBERSHIP

***Note that the \$5 non member insurance fee will apply to members without proof of current membership

I, _____ (print full legal name)

of _____ (address)

not being a member of the Society for Creative Anachronism (the Society) or able to prove current membership in the society, request permission to be present and to participate in the event and activities detailed hereunder. On being granted your permission I, for myself, my heirs and executors ACKNOWLEDGE AND AGREE:-

1. That I am fully aware of the activities to be engaged in and that they may be dangerous.
2. That I understand that some activities in the Society may be constrained by local laws and I shall take personal responsibility for learning and following those laws.
3. That I voluntarily accept the risks involved.
4. That I shall obey the proper direction of all authorised officials of the Society and that may be excluded from participating by my failure or refusal to do so.
5. That I acknowledge that the consumption of alcohol or any mind altering drugs increase the risks, and I take full responsibility for any injury, loss or damage associated with their consumption.
6. That equestrian and combat related activities are dangerous.
7. That I will not participate in any combat related or equestrian activities that I am not appropriately authorised to participate in.
8. That being given permission by an authorised official of the Society to participate in equestrian activities, armoured combat, rapier combat or as a trainee combatant or Marshall, alone does not authorise me to participate in combat related activities and I must complete, to the satisfaction of the Society or its officials, any other authorisation procedure required by the Society.
9. That I shall indemnify and keep indemnified the Society and all members thereof, whether officials or not, from and against all claims, actions, proceedings and demands of whatever kind relating to any injury, loss or damage whatsoever and howsoever caused to my person or property arising out of or in connection with my membership or my attendance at or my participation in any activity of the Society.
10. That I am over 18 years of age and that I understand the purport and the effect of this document.

EVENT & PLACE: _____

ACTIVITIES PERMITTED: _____

SIGNED: _____ WITNESS: _____ DATE: ____/____/____



Society for Creative Anachronism Ltd
MINOR MEMBER WITHOUT PROOF OF CURRENT INDEMNITY

For use in Australia Only. Do not reduce this form. Please print clearly.

I, _____ (print full legal name of legal guardian)
of _____ (address)
being the legal guardian of _____ (print full legal name of minor) ("the minor") being a minor of the age of _____ years, for myself, my heirs and executors ACKNOWLEDGE AND AGREE:-

1. That I am fully aware of the activities to be engaged in and that they may be dangerous to the minor.
2. That I understand that some activities in the Society may be constrained by local laws and I shall take personal responsibility for ensuring that the minor knows and follows those laws.
3. That I voluntarily accept the risks involved.
4. That I alone shall be responsible at all times for the acts of the minor and shall obey the proper direction of all authorised officials of the Society and that I and the minor may be excluded from participating by my failure or refusal to do so.
5. That I acknowledge that the consumption of alcohol or any mind altering drugs increase the risks, and I take full responsibility for any injury, loss or damage associated with their consumption.
6. That equestrian and combat related activities are dangerous.
7. That the minor will not participate in any combat related or equestrian activities that he or she is not appropriately authorised to participate in.
8. That being given permission by an authorised official of the Society to participate in equestrian activities, armoured combat, rapier combat or as a trainee combatant or Marshall, alone does not authorise a person to participate in combat related activities and the minor must complete, to the satisfaction of the Society or its officials, any other authorisation procedure required by the Society.
9. That I shall indemnify and keep indemnified the Society and all members thereof, whether officials or not, from and against all claims, actions, proceedings and demands of whatever kind relating to any injury, loss or damage whatsoever and howsoever caused to the minor or his/her property arising out of or in connection with his/her attendance at or participation in any activity of the Society.
10. That I understand the purport and the effect of this document.

EVENT & PLACE: _____

ACTIVITIES PERMITTED: _____

SIGNED: _____ WITNESS: _____ DATE: ____/____/____

Society for Creative Anachronism Ltd

REQUEST TO PARTICIPATE AND INDEMNITY – MINOR NON MEMBER or MINOR MEMBER WITHOUT PROOF OF CURRENT MEMBERSHIP

Note that the \$5 insurance fee for non-members applies to members without proof of current membership.

I, _____ (print full legal name of legal guardian)
of _____ (address)
being the legal guardian of _____ (print full legal name of minor) ("the minor") being a minor of the age of _____ years, request permission for the minor to be present at and to participate in the event of the Society for Creative Anachronism Ltd (the Society") detailed hereunder. On being granted your permission I, for myself, my heirs and executors ACKNOWLEDGE AND AGREE:-

1. That I am fully aware of the activities to be engaged in and that they may be dangerous to the minor.
2. That I understand that some activities in the Society may be constrained by local laws and I shall take personal responsibility for ensuring the minor knows and follows those laws.
3. That I voluntarily accept the risks involved.
4. That I alone shall be responsible at all times for the acts of the minor and shall obey the proper direction of all authorised officials of the Society and that I and the minor may be excluded from participating by my failure or refusal to do so.
5. That I acknowledge that the consumption of alcohol or any mind altering drugs increase the risks, and I take full responsibility for any injury, loss or damage associated with their consumption.
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10. That I understand the purport and the effect of this document.

EVENT & PLACE: _____

ACTIVITIES PERMITTED: _____

SIGNED: _____ WITNESS: _____ DATE: ____/____/____